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ABSTRACT

This directory was developed to provide information that will help foster a closer collaboration among individuals and networks that serve elderly persons in the United States. The directory describes selected resources available in 7 federal agencies and 31 national and local organizations that deal with the special needs and interests of older persons. Services and information are provided in the following areas: literacy education, legal rights advocacy, housing, health, retirement, personal enrichment, nutrition, transportation, and volunteerism. Under each organization heading, the address, telephone number, and a short description of the projects are provided. (KC)

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ADULT LEARNING & LITERACY

Clearinghouse

U.S. Department of Education • Division of Adult Education and Literacy • Washington, D.C. 20202-7240

ED 394 013

Directory of Resources for Older Persons

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

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April 1996

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INTRODUCTION

The Directory of Resources for Older Persons was developed to provide information that will help foster a closer collaboration among various individuals and networks that serve the Nation's elderly. It also enhances the purposes of the Adult Education Act, as amended by the National Literacy Act of 1991, which addresses the educational needs of adults 16 years of age and older who lack a high school diploma. A special provision of the Act seeks to expand educational opportunities for the aging population by emphasizing functional competency and grade level progression, from the lowest literacy level, through English as a second language instruction, and attaining the General Educational Development (GED) certificate. Of the approximately 3.7 million adults served by this Federally funded program annually, over 216, 000 are 60 years of age or older.

The directory describes selected resources available in 7 **Federal Agencies** and 31 **National and Local Organizations** which deal with the special needs and interests of older persons. Services and information are provided in the areas of: literacy education, legal rights advocacy, housing, health, retirement, personal enrichment, nutrition, transportation, and volunteerism.

Under each organization heading, the address, telephone number and a short description of the project are provided. This information may be helpful to those seeking assistance for the elderly.

Additional copies of this directory may be obtained by contacting the U.S. Department of Education, Division of Adult Education and Literacy Clearinghouse. The mailing address and FactsLine information for ordering the directory are provided on page 5.

FEDERAL AGENCIES

THE CORPORATION FOR NATIONAL SERVICE
1201 New York Avenue
Washington, D.C. 20525
(202) 606-5000
1-800-424-8867
Fax: (202) 565-2789

The Corporation for National Service offers opportunities for Americans of all ages and backgrounds to make their communities safer, healthier and stronger through service. The Corporation oversees the **National Senior Service Corps, AmeriCorps** (the domestic Peace Corps) and **Learn and Serve America** programs for students.

The **National Senior Service Corps** is a network of federally-supported programs that helps people age 55 and older find service opportunities in their home communities. It involves seniors in three types of service: **Foster Grandparents, Senior Companions** and **Retired and Senior Volunteers.** Together, these programs involve over one half million seniors serving in tens of thousands of sites across the country. Services provided for these programs are listed as follows:

The Foster Grandparent Program

This program offers seniors age 60 and older opportunities to serve as mentors, tutors, and care givers for children and youth with special needs. They serve in community organizations such as schools, hospitals and youth centers.

Foster Grandparents offer emotional support to children who have been abused and neglected, mentor troubled teenagers and young mothers, and care for premature infants and children with physical disabilities. In the process, they strengthen communities by providing youth services that community budgets cannot afford and by building bridges across generations. Foster Grandparents meet income eligibility requirements, serve 20 hours per week and receive small stipends.

The Senior Companion Program

Through the **Senior Companion Program**, people age 60 and older provide assistance and friendship to elderly individuals who are homebound and, generally, living alone. By taking care of simple chores, providing transportation to medical

(The Senior Companion Program, Continued)

appointments, and offering contact to the outside world, Senior Companions often provide the essential services that prevent older Americans from having to enter nursing homes. They also provide respite care to relieve live-in caretakers for short periods of time.

Senior Companions not only assist the frail elderly with chores and errands, they also help make the lives of the people they serve less lonely. Many Senior Companions serve individuals for several years and form the most meaningful friendships in their lives.

Senior Companions usually serve two to four clients, providing 20 hours of weekly service. They meet income eligibility requirements and receive small stipends.

The Retired and Senior Volunteer Program (RSVP)

This program helps people age 55 and older find services opportunities in their communities. RSVP participants serve from a few to over forty hours a week, providing hundreds of services in organizations that range from education centers to police departments to hospitals. RSVP involves seniors in service that matches their personal interests and makes use of their skills and life experiences. Their wide range of services include tutoring youth, serving as citizen patrols for local police departments, planning community gardens, helping other seniors complete income tax forms and serving as hospital aides.

U.S. DEPARTMENT OF AGRICULTURE
Agriculture Resource
The Center for Nutrition, Policy and Promotion
1120 20th Street, N.W.
Suite 200 North
Washington, D.C. 20036
(202) 208-2417
Fax: (202) 208-2321

The Center for Nutrition, Policy and Promotion responds to requests from individuals on food guidelines and nutrition. It publishes **Food Facts for Older Adults...Information on How to use the Dietary Guidelines** which focuses on nutrition topics of particular interest to older adults. 1 copy is free of charge; there is a fee for additional copies.

U.S. DEPARTMENT OF EDUCATION
Division of Adult Education and
Literacy Clearinghouse
600 Independence Avenue, S.W.
Washington, D.C. 20202-7240
Fax: (202) 205-8973 or
Call **FactsLine** at (202) 401-9570*

The U.S. Department of Education has a variety of programs that address the educational needs of adults, including the older persons. **A Bibliography of Resource Materials** provides a listing of articles and publications that either deal directly with the State-administered adult education program funded under the Adult Education Act (P.L. 100-297), as amended by the National Literacy Act of 1991 (P.L.102-73) or provide support to adult education and literacy activities.

***FactsLine** is an automated document request service. To order a document using **FactsLine**, call the number listed above. An index of all documents available on **FactsLine** is available by pressing 1 after the first voice prompt. If you already know the documents that you will be ordering, at the voice prompt, press 2 to order by document number. Follow the voice prompts to enter up to three **FactsLine** document numbers per call. Have your fax number, including area code, ready to enter when asked. The documents you request will be faxed to the number you provide.

U.S. DEPARTMENT OF ENERGY
Weatherization Assistance
Programs, EE-532
1000 Independence Avenue, S.W.
Washington, D.C. 20585
(202) 426-1698
Fax: (202) 426-1722

This program , developed in 1976, helps low-income people manage the high cost of energy by doing energy-saving measures to their homes. Another program, the **Low-Income Home Energy Assistance Program**, provides assistance for emergency heating needs or to help pay your fuel bills. Services are offered in each State, the District of Columbia, and to Native American Tribes at no cost through local community action agencies, non-profit organizations, or local governments. Your telephone directory, utility company, social security office or welfare office could help you locate the Weatherization Program office nearest you. You, not your home,

(U.S. DEPARTMENT OF ENERGY, Continued)

qualify for assistance. There are Federally established income guidelines to determine whether you are eligible. For additional information or which State agency to call, contact the **Weatherization Assistance Programs** at the above number.
Fact sheets and pamphlets are published on energy related subjects.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES (HHS)
1995 White House Conference on Aging

The 1995 White House Conference on Aging (WHCoA) was initiated at the Federal level by President Clinton. The purpose was to develop policy recommendations for the 21st century. This was the fourth decennial conference in history, the first under a Democratic President and the last of the twentieth century. It was authorized by the 1992 Amendments to the Older Americans Act and was officially called by the President on February 17, 1994. A report entitled, **The Road to an Aging Policy for the 21st Century**, based upon the resolutions adopted at the conference was developed. The report represents a composite of the entire bi-partisan White House Conference on Aging process which involved more than 1000 regional, state and local level grass roots events and a three day national conference that was held in May of 1995. It calls for an intergenerational aging policy that ensures a continuing solvency in the Social Security system, endorses a greater investment into aging research, and embodies greater sensitivity to the nation's diversity.

An Executive Summary of the report may be obtained by contacting the **National Aging Information Center**, 500 E Street, S.W., Suite 910, Washington, D.C. 20024; (202) 554-9800.

U.S. DEPARTMENT OF LABOR
Senior Community Service
Employment Program (SCSEP)
Division of Older Workers Program
200 Constitution Avenue, N.W., Room N4641
Washington, D.C. 20210
(202) 219-5904
Fax: (202) 202-219-3886

SCSEP employs economically disadvantaged older persons. Some have part-time and full-time positions. Community services participants work in day-care centers,

schools, hospitals, facilities for the handicapped, senior citizen centers, nutrition programs, beautification, conservation, and restoration projects. Pamphlets about the program are available.

U.S. OFFICE OF CONSUMER AFFAIRS (USOCA)
750 17th Street, N.W., 6th Floor
Washingnton, D.C. 20006
(202) 395-7900
Fax: (202) 395-7901

USOCA represents the consumer perspective in Government, works with businesses, educators, consumers and government agencies. The authorizations for USOCA are Executive Orders 11583 and 12160. The first Order directs the office to encourage consideration of consumer interests, to monitor and coordinate Federal agency response to consumer needs including older persons and to recommend improvements in consumer programs. The second Order directs Federal agencies to institute effective consumer programs and establishes the Consumer Affairs Council, which includes policy-making. USOCA publishes a consumer hand-book, which is available free of charge.

NATIONAL AND LOCAL ORGANIZATIONS

AMERICAN ASSOCIATION OF ADULT AND CONTINUING EDUCATION (AAACE)
1200 19th Street, N.W., Suite 300
Washington, D.C. 20036
(202) 429-5131
Fax: (202) 223-4579

AAACE is a National professional organization for adult educators. Categories of membership are available to full time professionals and to part time teachers. The association publishes 3 newsletters and journals yearly and does legislative work for the field. An annual conference of over 3,000 persons is sponsored by the Association. For further information, contact the **Membership Director.**

AMERICAN ASSOCIATION OF HOMES FOR THE AGING
901 E Street, N.W., Suite 500
Washington, D.C. 20004
(202) 783-2242
Fax: (202) 783-2255

Its purpose is to provide a means of identifying and solving problems of mutual concern in order to protect and advance the interest of the residents served. Publishes a consumers' guidebook on continuing care homes. Price is $6.95 for shipping and handling.

AMERICAN ASSOCIATION OF RETIRED PERSONS/RETIRED TEACHERS ASSOCIATION (AARP/RTA)
601 E Street, N.W.
Washington, D.C. 20049
(202) 434-2277
Fax: (not available)

AARP/RTA is committed to reducing illiteracy in America as well as promoting learning opportunities for all persons 50 years of age and older, retired or not. Its clearinghouse on education for older learners creates model curriculum on a wide range of subject areas, and offers information on the use of technology in education for older persons. A monthly **magazine** entitled **Modern Maturity** and a monthly **newspaper** entitled **The Bulletin**, are available to members. Membership Forms are available upon request. It also publishes a resource directory, **Making America Literate**; free of charge.

AMERICAN COLLEGE OF SURGEONS
55 E. Erie Street
Chicago, IL 60611
(312) 664-4050 x325
Fax: (312) 440-7014

This professional association is dedicated to improving the quality of care for surgical patients. A Committee for the **Surgical Forum on Fundamental Surgical Problems**, has selected more than 300 papers that will be presented at 27 Forum sessions. Topics include general surgery and the following specialities: gynecology and obstetrics, neurology, orthopaedics, otorhinolaryngology, pediatric surgery, plastic surgery, and urologic surgery. The 1996 volumes of the **Surgical Forum**, containing summaries of the reports given at the sessions are for sale.

AMERICAN GERIATRICS SOCIETY
770 LEXINGTON AVENUE, SUITE 300
NEW YORK, NY 10021
(212) 308-1414
Fax: (212) 832-8646

The American Geriatrics Society, an association of health care professionals who specialize in geriatrics, aims to improve the health and quality of life of older people through professional and public education, promotion of aging research, and public policy initiatives. Publishes a monthly newsletter, **The Geriatrics Review Syllabus**, for health professionals and **The American Geriatrics Society (AGS) Complete Guide to Aging and Health**, for lay people.

CENTER FOR THE STUDY OF AGING AND HUMAN DEVELOPMENT
Duke University Medical Center
P.O. Box 3003
Durham, NC 27710
(919) 660-7500
Fax: (919) 684-8569

The Center provides a variety of series relating to geriatrics. The **Research Center** is concerned with geriatric and assessment procedures. The **Training Center** for geriatrics provides a variety of services relating to older persons. Publishes resources on the aging population.

CITIZENS FOR BETTER CARE IN NURSING HOMES, HOMES FOR THE AGED AND OTHER AFTER-CARE FACILITIES
4750 Woodward Avenue, Suite 410
Detroit, MI 48201
(313) 832-6387
(800) 833-9548
Fax: (313) 832-7407

This organization advocates improving the quality of long-term care, services and facilities for older persons.

COUNCIL OF BETTER BUSINESS BUREAUS
4200 Wilson Boulevard
Suite 800
Arlington, VA 22203
(703) 276-0100
Fax: (not available)

The Council of Better Business Bureaus' purpose is to become a national voice for business in the consumer field, strengthen consumer education programs, and settle consumer complaints through arbitration and other means. Publishes **Consumer Problems for the Elderly**, and materials on other consumer topics. Price is $1.00; include regular self-addressed, stamped envelope with your order.

FEDERAL RESERVE SYSTEM
Division of Consumer and Community Affairs
20th and C Street, N.W., Mail Stop 800
Washington, D.C. 20551
(202) 452-3306
Fax: (not available)

The Federal Reserve System enforces banking-related acts. Also handles complaints and performs investigative services. Free pamphlets are available on **Equal Credit Opportunity and Age**.

THE FLORIDA COUNCIL ON AGING
1018 Thomasville Road
Box C-2, Suite 110
Tallahassee, FL 32303-6236
(904) 222-8877
Fax: (904) 222-2575

The Florida Council on Aging produces **A Resource Guide for Reaching and Teaching Older Persons.** Its purpose is to promote and expand educational opportunities for older adults. The guide contains four sections which include topics on: psychological aspects of older adult learners, motivating and recruiting older adults, teaching older adults, and community resources. Materials developed can be adapted by other literacy organizations or individuals concerned with literacy needs of older persons.

LEADERS OF READERS: A CO-LEARNING PROCESS
This project was also developed by **The Florida Council on Aging.** It developed a process model to train literacy volunteers to work with older persons. It is a systematic model, sequentially staged to engage tutors in the inservice process over a sustained period of time. Although primarily designed for tutors, the model is also applicable to learners, to assist them in becoming responsible for their own learning. Two resource documents were also compiled from this project.

GERONTOLOGICAL SOCIETY
1275 K Street, N.W., Suite 350
Washington, D.C. 20005-4006
(202) 842-1275
Fax: (202) 842-1150

This is a nonprofit organization with over 7,000 members of leading gerontological researchers, educators and practitioners in biological medicine, behavior, social science and the humanities. Publishes **Gerontologist, Gerontology Journal**; $120.00 per year membership fee.

GIANT FOOD
P.O. Box 1804 - Dept. 597
Washington, D.C. 20013
(301) 341-4365
Fax: (301) 618-4968 (Both are Maryland Numbers)

Giant Food provides basic information for consumers about shopping and preparing foods. Publishes a booklet titled **Eatful Health Guide**, available for a fee of $1.99. The booklets are available at your local stores or may be purchased by a written request.

GRAY PANTHERS
2025 Pennsylvania Avenue, N.W., Suite 821
Washington, D.C. 20006
(202) 466-3132
Fax: (202) 466-3133

Gray Panthers is an intergenerational conscious awareness movement. Conducts research on aging and related issues. Maintains a referral service. Publishes a bi-monthly newspaper, organizing manual and books; $20.00 membership fee.

LIFESPAN FORUM
900 South Fourth Street
Louisville, KY 40203
(502) 589-4941
Fax: (502) 585-9837

Lifespan Forum is a coalition of community leaders, professionals and volunteers working to improve the lives of older adults, and to prepare the community for the challenges of an aging society. Programs are focused in the areas of research, education and advocacy. Lifespan serves as the voice for older adults throughout the Greater Louisville region, and keeps members and sponsors informed on current aging issues that have an impact on the community.

NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING
1112 16 Street, N.W.
Washington, D.C. 20036
(202) 296-8130
Fax: (202) 296-8134

The National Association of Area Agencies on Aging promotes activities to achieve a reasonable and realistic national policy on aging. It assists the coordinating process among State and local units on aging, and disseminates information.

NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES
1533 New Hampshire Avenue, N.W.
Washington, D.C. 20036
(202) 234-0832
(Fax: (202) 797-9697 or 9698

This private non-profit organization whose members have served 5 years or more in the Federal government, publishes a monthly magazine entitled **Retirement Life**. This magazine is available through subscription at $12.00 annually; free for members.

NATIONAL ASSOCIATION OF STATE UNITS ON AGING (NASUA)
1225 I Street, N.W., Suite 725
Washington, D.C. 20005
(202) 898-2578
Fax: (202) 898-2583

This national, non-profit, public interest organization is dedicated to providing general and specialized information, technical assistance and professional development support to State Units on Aging. The membership of the Association is comprised of the 57 State and territorial government agencies charged with advancing the social and economic agendas of older persons in their respective States.

AGE-NET

A computer bulletin board service designed specifically to meet the information needs of professionals in the aging network, is sponsored by the **National Association of State Units on Aging (NASUA)** with partial funding from the Administration on

(AGE-NET, Continued)

Aging. AGE-NET, which can be directly accessed via computer modem, has messaging capability to facilitate the exchange of information and joint problem solving through electronic messages with other aging professionals from across the country. The bulletin board is divided into parts or "conferences." AGE-NET's conferences include: State Long Term Care Ombudsman, Elder Abuse, Legal Service Developers, and Home and Community-Based Long Term Care. In addition to its messaging capability, the bulletin board provides access to a variety of databases (products resulting from Older Americans Act discretionary program; Information and Referral - bibliographic and experts); calendar of aging events and mailing lists.

NATIONAL COUNCIL OF JEWISH WOMEN
53 West 23rd Street
New York, NY 10010
(202) 212-645-4048
Fax: (212) 645-7466

The National Council of Jewish Women has 200 offices across the country. The Council provides a variety of programs for the aging. Publishes booklets on aging issues.

NATIONAL COUNCIL OF SENIOR CITIZENS (NCSC)
1331 F Street, N.W., 5th Floor
Washington, D.C. 20004
(202) 347-8800
Fax: (202) 624-9595

NCSC has built a reputation on Capitol Hill as a strong advocate for the elderly. Membership includes many benefits through various program that it conducts and supports, such as: housing programs, a senior AIDES program, a nursing home information service and a department of consumer affairs. NCSC publishes a **Retirement Newsletter**, which is a monthly 4-page bulletin, and **Senior Citizens News**, an official newspaper; free of charge.

NATIONAL COUNCIL ON THE AGING, INC.
409 3rd Street, S.W., 2nd Floor
Washington, D.C. 20024
(202) 479-1200
Fax: (202) 479-0735

National Council on the Aging, Inc., works with and through other organizations to develop concern for older people, as well as methods and resources for meeting their needs. Provides a national information and consultation service. Conducts research, produces numerous books, brochures, and pamphlets on the following subjects: Family Relationships, Literacy Education, Industry and the Aging Population, Programming for the Elderly, Housing Community Services, Transportation and Consumer Concerns.

NATIONAL CRIMINAL JUSTICE REFERENCE SERVICE
P.O. Box 6000
Rockville, MD 20850
(301) 251-5500
Fax: (not available)

This is a reference service which maintains coverage of all aspects of law enforcement and criminal justice, including crime and the elderly. Publishes a free bi-monthly newsletter.

NATIONAL INSTITUTE ON AGING (NIA)
9000 Rockville Pike
Building 31, Room 5C27
Bethesda, MD 20892
(301) 496-1752
Fax: (301) 496-1072

NIA conducts and supports biomedical, social, and behavioral research and training related to the aging process and special problems and needs of the elderly. It also publishes brochures and fact sheets, which are free of charge.

NATIONAL SENIOR CITIZEN'S LAW CENTER
1815 H Street, N.W.
Suite 700
Washington, D.C. 20006
(202) 887-5280
Fax: (202) 785-6792

National Senior Citizen's Law Center is a legal service center which specializes in the needs of the elderly. Acts as an advocate on behalf of the elderly in litigation and legislation. Publishes newsletters, handbooks, guides, and testimonies. Some of these publications are free; write for publications listing.

PENSIONS RIGHTS CENTER
918 16th Street, N.W.
Suite 704
Washington, D.C. 20006
(202) 296-3776
Fax: (202) 833-2472

This Center serves as a pension information clearinghouse. Provides information on the rights of employees, retirees, and spouses under the private pension reform law. A free publication list is available.

POPULATION REFERENCE BUREAU, INC.
1875 Connecticut Avenue, N.W., Suite 520
Washington, D.C. 20009
(202) 483-1100
Fax: (202) 328-3937

This Reference Bureau publishes statistics on the aging population. Serves as a publication office and library. A free publication list is available.

SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)
409 3rd Street, S.W.
Washington, D.C. 20024-3212
(202) 205-6762
Fax: (202) 205-7636

SCORE is a volunteer program which links retired businessmen and women with management expertise with the owners or managers of small businesses and community organizations in need of management counseling. SCORE's counselors work in their home communities or nearby and may be reimbursed, upon request, for out-of-pocket expense.

THE NEW SCHOOL FOR SOCIAL RESEARCH, INSTITUTE FOR RETIRED PROFESSIONALS
66 West 12th Street
New York, NY 10011
(212) 229-5682
Fax: (212) 645-0661

The New School for Social Research created a special learning community for the retired and semi-retired to study in the company of their peers. The Institute for Retired Professionals (IRP) provides an outlet within the environment of the university for the experiences and talents of persons who have stepped back from professional careers, executive positions, and/or other accomplishments. The IRP has been a model for many other programs around the country. It is built upon those most concerned with program--the members themselves--creating the program; selecting areas of study, and developing and conducting the courses. The mission, creating opportunities for intense exploration in the arts, sciences and humanities by students in later life, is the original and continuing purpose of IRP.

TUSCARORA INTERMEDIATE UNIT (TIU)
ADULT EDUCATION & JOB TRAINING CENTER
1020 Belle Vernon Avenue
Lewistown, PA 17044
(717) 248-4942
Fax: (717) 248-8610

TIU developed and field tested a **Senior Life Skills/Financial Management** training packet and curriculum. This will give senior citizens an opportunity to increase their basic education, math and reading skills. The packet addresses the specific needs of the elderly with regard to computation and communication skills to better equip them to handle their financial and personal affairs. In large print, the curriculum includes topics on assertiveness training, stress management, financial management, living wills and trends, decision-making, making changes, and consumer protection information.

WOMEN'S INITIATIVE
601 E Street, N.W.
Washington, D.C. 20049
(202) 434-2277
Fax: (not available)

The Women's Initiative organization's mission is to help assure that the economic, health, social and cultural needs of the nation's older women are met more adequately. Its goals are to heighten public awareness of the contributions women make on decisions affecting their lives, and to advocate policies and programs that improve the economic status of women.